

From: [Elizabeth Schell](#)
To: [Matilda Bliss](#); [DEROTHEA WILLIAMS](#); [Bettie Council](#); [Jesse Michel](#); [DeLores Venable](#); [Kate Tinnan](#); [Sarah Skinner](#); [Patrick Conant](#); [Gabrielle Fricke](#); [Alyx Perry](#); [Carol Buffum](#); [Jay Springer](#); [Sharon Smith](#); [Rebecca Brothers](#); [Rebecca Bernstein](#); [BeLoved Asheville](#); [Olympia Garrett](#); [Ray Mapp](#); [Bill Sutton](#); [Dee Williams](#); [Lauren Showfety](#); [Brit Castañeda](#); [Osunyemi Osun](#); [Che Roberts](#); [Pamela Brown](#); [Jim Abbott](#); [alberta28801](#); [Calvin Allen](#); [Camille Mccarthy](#); [Ruth Christie](#); [Andrea Clarke](#); [Clee96598@gmail.com](#); [code4asheville@gmail.com](#); [Jacob Cook](#); [Cleaster Cotton](#); [Diane Caldwell](#); [Erin Hardy](#); [erin@ncbrookhaven.com](#); [Margaret Farmer](#); [Jim Stokely](#); [Jimpitts65@gmail.com](#); [joe.cobble@gmail.com](#); [Laura Bryson](#); [Leo Ferguson](#); [Libertie Valance](#); [Luke Fernbach](#); [matbacoatejr@charter.com](#); [Mike Jackson](#); [Sergeantmiller2057@gmail.com](#)
Subject: Re: Real Asheville Initiative Presents the Social Determinants of Health Meeting Saturday!
Date: Saturday, July 7, 2018 5:10:11 PM

Hope y'all had a productive meeting. I was at a CoThinkk Retreat all day. Lots of wonderful energy, relationship building, and connecting happening in multiple places. Elizabeth

On 7/7/2018 9:57 AM, Matilda Bliss wrote:

I am running a little late, but I'll be there. Please start without me. Thanks yall

On Wednesday, July 4, 2018, Matilda Bliss <matildasayshey@gmail.com> wrote:

Hey yall, I hope you can make it to 42 Water St Saturday as we pick up where we left off on June 23rd, develop leadership, plan our first community event, and seek to endow to community with the will and leadership to make The Real Asheville REAL Effective!

Here's the facebook event:

<https://www.facebook.com/events/269741980440354/>

We will pick up from where we left off last meeting by continuing to define how we will support Asheville's Black community living in poverty. What skills can we transfer? How can we best support the upcoming series of lunch and learns and ensure that the disparity data can be successfully imparted to Black residents, and that the community will grow to lead the change that is so desperately needed.

-What is the Real Asheville? We have some theories derived from lived experiences of Asheville's Black residents, who are often reporting great suffering. The Center for Disease Control Defines four Social Determinants of Health, which are:

Housing
Economics
Education
and the Justice System

Using this model, we hope to define the Real Asheville using thorough data sets, anecdotal accounts, and more, and we seek to publish these findings using an integrated community directed media campaign. We seek an accessible Asheville, and we seek sufficient answers to the suffering of the masses, and especially those of African descent who lack class privilege.

-Matilda

Here is a link to Sunshine Request: <https://www.sunshinerequest.com/completed-requests/>

And the Link to the list of questions: <https://docs.google.com/document/d/1Do96NIaTbCcD3ZJuH-w43WSc-fwu7tuDkL2LmyTG5ns/edit?ts=5b22bcb4>



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"Hope is a crushed stalk
Between clenched fingers
Hope is a bird's wing
Broken by a stone.
Hope is a word in a tuneless ditty--
A word whispered with the wind,
A dream of forty acres and a mule,
A cabin of one's own and a moment to rest,
A name and place for one's children
and children's children at last...
Hope is a song in a weary throat."

--Pauli Murray